

June 12, 2017

Dr. Altman believes that offering pricing transparency to his patients will empower them with information to improve their healthcare decisions about the cost of plastic surgery and ancillary procedures. Our office is happy to engage every patient in a discussion about the pricing of his or her procedure. There is a great variation in patient interests, anatomy, and health factors that go into a decision on pricing. This list contains estimates only and is designed to serve as a broad guideline. Pricing is individualized and may be higher or lower based on a number of clinical factors. A quotation with a breakdown of the prices will be available after consultation with Dr. Altman. Understanding that attempting to create an online pricing menu also invites some confusion, we are trying this out for the short term, at the very least, to assist the individuals who are interested in being more proactive in understanding pricing prior to their office visit.

Multiple prior operations, increased health risk factors, and complicated procedures requiring more time and / or resources would tend to be priced higher.

More straightforward operations, in individuals with less risk factors, would tend to see to be priced lower.

Patients and their families who have a long history with our practice will typically see special considerations in pricing.

Pricing of Cosmetic Surgical Procedures

Breast Enlargement

(Augmentation Mammoplasty)

\$7900.00 includes silicone gel breast implants

Breast enlargement with lift

(Augmentation Mammoplasty with Mastopexy)

\$11,500.00 to \$12,500.00

Breast Lift

(Mastopexy without implants)*

\$9,500.00 to \$10,500.00

Remove and Replace Breast Implants

\$7900.00 to \$12,500.00

(range in pricing depends on management of internal scar / capsular contracture, pocket size or position; need for additional skin tailoring or lift)

Removal of implants without replacement / explantation

\$4500.00 - \$7500.00

(range in pricing depends if procedure involves simple removal of implants or extensive removal of scar tissue, and/or skin tailoring or lifting)

Facelift*

Female \$15,000.00 Male \$20,000.00

(Dr. Altman's technique plans two smaller stages separated by approximately 1 year with average payment \$11,500.00 for stage I and \$3500.00 stage II)

Eyelid Surgery (Blepharoplasty)

Often includes fractionated laser resurfacing of lower eyelids

Upper and lower eyelids

\$6500.00

Upper eyelids

\$5000.00

Nose Reshaping (Rhinoplasty)

\$12,500.00

Ear Reposition and reshaping (Otoplasty)

\$7500.00 to 8500.00

Ear Lobe Repair

\$750.00 one ear, \$500.00 second ear.

Breast Reduction – Reduction Mammoplasty

\$12,500.00 to \$15,000.00

(Often performed in hospital with one night of aftercare)

Liposuction

\$7,500.00

Additional \$3500.00 if second stage required

Tummy Tuck – Abdominoplasty

\$16,000.00

(Often performed in hospital with one night of aftercare)

Partial Abdominoplasty

\$7500.00 may include liposuction.

*Some procedures where lifting is performed, skin may stretch and partial relapse may occur. Typically, a quote for about 1/3 the original price may be quoted if a second stage is anticipated.

Pricing of Noninvasive or Minimally Invasive procedures

Fractional CO₂ Laser Resurfacing

Full face: \$1750.00 - \$2250.00

Lower eyelids only \$450.00

Botox

\$12.00 to 14.00 per unit by Dr. Altman. Discounted charges for established patients as part of loyalty program; **Dysport** – equivalent pricing. \$9.00 per unit, Dr. Mark Krugman and Gail Keir, RN, BSN Injection Specialist.

Dermal Fillers

Juvederm, Restylane - \$550.00 first syringe; \$450.00 second syringe

Voluma – long term filler for malar / cheek bone areas – \$950.00 first syringe, \$750.00 second syringe. - \$1499.00 (two syringe special with Gail K. RN, BSN)

Sculptra – soft tissue filler for facial hollows and lost volume – multiple stages typically required – performed by Mark Krugman M.D. – \$950 per vial – typical patient gets 2 vials, followed by 1, 1 at 6 week intervals - \$3800.00

Submental Fat Removal by Injection

Kybella injections to dissolve fat under chin – multiple stages typically required – performed by Gail Keir, RN, BSN - \$1200.00 for two vials, repeated up to 3 times at 6 week intervals. Current special – third treatment free.

The prices include surgeon's fees, anesthesiologist, and operating room at our facility, or a local hospital, basic labs, implants, and garments. Pre-operative appointment, and uncomplicated post-operative appointments for one year are included.

Some procedures are covered in part by PPO insurance and / or health savings accounts, and this will be taken into account in determining the price of surgery. Our office will typically need a copy of the front and back of the insurance card and we can look into insurance coverage. Given that many individuals have high deductibles, we can quote cash prices for procedures that otherwise would be covered but fall into a gap that doesn't offer benefits.

The list above was primarily constructed to generate a range of prices for cosmetic surgery. There are a number of procedures where a portion or most of the cost might be covered by PPO insurance, and this will need to be checked in advance. Examples might be:

- Nasal Surgery where there is breathing issues related to the internal structure
- Breast Implant surgery where there is painful capsular contracture with silicone gel breast implants, or ruptured silicone gel breast implants. Saline implant deflations typically have some benefits toward new implants from the implant company.
- Breast Reconstruction on the breast with cancer and the opposite side.
- Lumps, Bumps, Skin Cancers, Injuries – typically have PPO insurance benefits.

We are out of network, and not contracted with any carriers, HOWEVER, we make every attempt to determine benefits on an individualized basis, and often times the insurance benefits are very helpful to cover the cost of surgery.

Breast Reductions, Abdominoplasty surgery; and breast reconstruction procedures are often performed in the hospital with one night of aftercare.

Medical clearance examinations are additional \$170.00. Mammograms are additional.

Please feel free to email or call us about pricing.

Dr. Altman is happy to look at patient photos sent by email. However, we appreciate the need to protect patient privacy, and at this time are not suggesting that patients email or text photos that may give up identity. We will make every attempt to protect issues of patient privacy. Gmail which we use, may or may not be HIPAA compliant. We are researching the possibility of incorporating a HIPAA compliant telecommunication platform into our practice that will offer patient portals to send encrypted information and images. In the meantime, Dr. Altman may on an individual basis be able call or set up a

FaceTime consultation for individuals who are unable to come into the office, or for any number of reasons, the visit is impractical.

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